



PRIORITY DIRECTIONS OF THE POLICY OF COMPREHENSIVE SUPPORT FOR THE ELDERLY IN UZBEKISTAN

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ABSTRACT

Today, extensive work is being done on issues related to support of the elderly, and creation of all necessary conditions for their full and active participation in the socio-political life of the country.

Particular attention is paid to improving the quality of life of the population, including increasing the social activity of the elderly and improving their living standards, as well as increasing their role in ensuring peace and tranquility in society, families and neighborhoods, and raising the younger generation in the spirit of respect for our century-old traditions.

KEYWORDS

After all, a person is born, he needs care, his parents and relatives raise him and raise him, then he raises others, leaves offspring, continues his generation, grows old and needs the help of his closest people again.

INTRODUCTION

We honor the elderly, first of all, as people with rich life experience, who have seen the bitterness of life. Because they are mentors who instill our national values, traditions and customs into the minds of the young generation. After all, a person is born, he needs care, his parents and relatives raise him and raise him, then he raises others, leaves offspring, continues his generation, grows old and needs the help of his closest people again. People prepare the ground in front of

their society and family for a moderate aging period of their lives. Among them are universal human qualities such as respecting and honoring the elderly in society and family.

If we look at the rich spiritual heritage of our people, from time immemorial it has been recognized as a national value to appreciate, respect and respect the elderly. In our people, proverbs such as "A fairy does not know what an old man knows", "A house with an



old man has a fairy", "The old man is the angel, neatness and tidiness of the house" are not spoken for nothing. That is why in almost all Uzbek households, any work is done with the consent and guidance of adults.

At present, extensive work is being done on issues related to supporting more than 3,162,000 elderly people and adults living in our country, creating all the necessary conditions for their full and active participation in the social and political life of the country. In particular, special attention is being paid to increasing the social activity of the elderly and improving their living standards, as well as increasing their role in ensuring peace and tranquility in society, families and neighborhoods, and educating the younger generation in the spirit of respect for our centuries-old traditions.

As a result of the reforms carried out under the leadership of the head of our state, more than 10 legislative documents were adopted in recent years in order to increase the social activity of the elderly and intellectuals and to support them in every way, and the following activities were carried out:

- 1) The participants of the war of 1941-1945 were given the right to receive compensation equal to the average price of a ticket in sanatoriums every year;
- 2) 30 percent of Funds of the Federation of Trade Unions was directed to health care of pensioners, first of all war and labor front veterans;
- 3) The system of paying pensions to all working pensioners in the amount of 100 percent, giving pensions to pensioners in cash and delivering them to their homes was introduced;
- 4) "Veteran of Labor" badge was established;

- 5) In 148 districts (cities) "Residences of the Enlightened" were established for the representatives of the older generation;
- 6) The procedure of providing free food products, necessary clothes and shoes and hygiene products to the participants of the Second World War at the expense of the state budget was introduced;
- 7) A system of providing material assistance to war veterans and veterans of the labor front was introduced during the holidays;
- 8) Nurani public councils were established in the Republic of Karakalpakstan, regions and the city of Tashkent, districts and cities;
- 9) "Counseling for the Elderly" groups were established in all neighborhoods;
- 10) every year, the first week of October was widely celebrated as the "Week of the Elderly";
- 11) from November 1 to November 30, "Tourism Month for the Elderly" was launched;
- 12) In all general education schools, one day of every month has been designated as "Educational Hour of the Illuminati" for high school students;
- 13) A system of regularly holding "Three Generations" meetings of labor veterans with young people in neighborhoods, educational institutions and military units was launched.

Also, today in our country, the issues of respect for the elderly and their comprehensive support have risen to the level of state policy, which is reflected in the President of the Republic of Uzbekistan's March 1, 2022 "Measures to improve the system of working with families and women, supporting the neighborhood and the religious". " was reflected in Decree No. PF-81.

With this Decree, the following are defined as the main directions of the state policy on supporting the elderly and the elderly:



1. creating favorable conditions for increasing the quality of life and longevity of representatives of the older generation based on the principles of social solidarity and justice;
2. to provide timely, targeted and effective social assistance to the representatives of the elderly generation, to create the necessary conditions for them to widely use health care, social protection, education, culture and transport systems;
3. organization of guaranteed social and material support of representatives of the older generation;
4. creating conditions for increasing the legal and financial literacy of the representatives of the older generation in the modern economy;
5. creating the necessary conditions for the representatives of the older generation to systematically engage in physical education and sports.

Today in our country, in order to create decent living conditions for the elderly, measures are being taken by the state to provide them with social protection, material and spiritual support.

In this regard, ministries, state committees, agencies, joint-stock companies, associations and other economic associations, regardless of their organizational and legal form, are obliged to provide constant care and attention to retired employees, to provide them with the necessary material and social support, and to help them actively participate in the life of society as well as to receive information from pensioners, especially single people, giving them souvenirs on birthdays and holidays, helping them solve housing and household problems, organizing health and treatment in sanatoriums, organizing excursions to holy places and shrines, and other social

personal responsibility for ensuring the implementation of important activities.

Also, 2022 of the President of the Republic of Uzbekistan

In order to ensure the implementation of the decision No. 167 of March 15 "On comprehensive support of the Nurani, additional measures to improve their standard of living", the following works were carried out:

- On the basis of the principle of "One Nuroni is responsible for ten young people", the Nuroni assigned to unemployed, difficult and problematic youths was encouraged based on the positive changes in the education and morals of the youth in the neighborhoods, at the expense of the funds of the "Nuroni" fund;
- a draft law was developed on the prohibition of termination of the employment contract at the initiative of the employer in connection with the employee's retirement age;
- single elderly people who need the care of others and elderly people who live alone are provided with free health care in sanatoriums once a year at the expense of "Nuroni" fund;
- a procedure was introduced for providing medicines, medical and special prosthetic-orthopedic devices, and covering the costs of surgical operations to elderly people with severe and low-income conditions based on doctors' prescriptions based on 3-month needs;
- compensation of up to 50% of the amount of medicines based on the 3-month need for the elderly with severe diagnosed diseases and disabilities according to doctors' prescriptions was introduced;
- the procedure for reimbursement of subscription costs for the elderly to engage in physical education and sports in physical education and sports facilities (stadiums, gyms, swimming pools



and other sports complexes) was developed and put into practice;

- ticket prices for the elderly to state theaters and museums were fully covered;
- on the basis of international experience, proposals on the introduction of the index of active aging in our country were developed and submitted to the Cabinet of Ministers.

In short, as a result of the consistently implemented measures for the comprehensive support of the elderly in recent years, the standard of living and quality of life of the elderly in our country has improved.

Honoring the elderly is also an important topic in the world community, which is evidenced by the fact that October 1 was designated as the "International Day of the Elderly" by the resolution of the UN General Assembly on December 14, 1990.

For example, in Japan, Korea, China and India, there is a tradition of respecting the elderly, and children are obliged to take care of their elderly parents.

However, due to the erosion of ancient values in many countries of the world under the influence of globalization processes, it is becoming impossible for children to find time to ask their parents how they are doing and visit them regularly.

That's why special courses are being successfully introduced in Japan to teach seniors how to work with modern computers and programs in order to create jobs by teaching them how to use new technologies, personal computers, the Internet, and social networks.

Based on the above, as well as the results of the study of the experience of foreign countries, we make the following suggestions for further improvement of the system of support for the elderly and elimination of problems in the field:

1) due to the fact that today the main directions of the state policy on the support of the elderly have been determined, there is a need to express the existing legislation on the elderly in the form of a single law. Based on this necessity, it is necessary to develop a draft of the Law of the Republic of Uzbekistan "On State Policy Regarding the Elderly".

2) in order to adapt the representatives of the older generation to the modern way of life, to ensure their full life, it is necessary to teach them the effective use of new technologies, personal computers, the Internet, and social networks. For this, it is necessary to organize special courses that teach the skills of working with modern computers and programs to the disabled.

Seniors who have successfully mastered these courses will be able to easily communicate with their loved ones in different parts of the world through the Internet and other means of communication.

Secondly, they will be able to order the products and services they need while sitting at home.

Thirdly, the employment of qualified seniors as interpreters, working with databases, managing websites, and responding to discussions on social networks is ensured.

The most important thing is that there is no need for seniors to have separate offices or workplaces, or to conclude an employment contract. They will be able to do this comfortably at home;

3) In the conditions of Uzbekistan, our elderly fathers and mothers are not worried about house construction, children's dreams and weddings. Therefore, it is necessary to take measures to develop tourism for the elderly. For this, it would be appropriate to open tour companies specializing in providing services to the elderly, and to create



separate tourist destinations for the elderly in the country;

4) social isolation of the elderly, that is, living alone at home without joining people, not communicating, greatly harms their health and psyche. Good and active communication with family members and other people will raise their mood and strengthen their health. Therefore, it is necessary to develop and implement a system of continuous implementation of measures in the areas of physical activity, helping each other, playing various games, and having fun communication among the elderly. This system serves to increase the social activity and quality of life of the elderly;

5) Designating every first Sunday of October as the "Day of Honoring the Elderly" and providing free access to public transport, sports and cultural venues, hairdressing salons and other services for the elderly to feel like kings on this day, as well as providing one-time assistance money to the elderly in need. set off;

6) to ensure the safety of elderly drivers, it is necessary to introduce a special warning sign affixed to the rear window of their car. It serves for other drivers who see cars with this sign to treat the elderly with respect, not to interfere with the elderly drivers, to be careful when overtaking them, to be patient if they are slowing down;

7) it is necessary to introduce the procedure of annual review of the basic amount of pension calculation depending on the price changes and take measures to ensure that its amount is sufficient to meet the vital needs of the elderly (for example, cover the financing of the basic pension from insurance contributions, employers and state subsidies);

8) There are many problems and diseases associated with old age. However, there is a shortage

of gerontologists and geriatricians who deal with the health problems of the elderly in our country, there are no quotas for admission to bachelor's and master's degrees in the specialties of "gerontology" and "geriatric work" in medical institutions of higher education. Therefore, it is appropriate to introduce a system of training in the specialties of "gerontology" and "geriatric work" in higher education institutions in the field of medicine in our country;

9) it is necessary to introduce a system of health insurance for the elderly in order to ensure quality medical services. The introduction of this system allows the elderly to cover the main part of the expenses incurred for the restoration of their health from insurance funds.

In the Concept of Health Care System Development of the Republic of Uzbekistan in 2019-2025, it is necessary to create a modern model of long-term medical care for elderly citizens, to improve the quality and convenience of gerontological care, providing social and medical services at home and a number of other measures, as well as for the elderly and elderly. The tasks of creating a modern model of long-term medical care for elderly citizens, improving the quality and use of gerontological care, and developing geriatrics are set. On October 30, 2020, the President's decree "On measures for the wide implementation of a healthy lifestyle and further development of mass sports" was received with a very positive mood by all sections of the population of our country, as well as by the older generation.

CONCLUSION

In conclusion, it should be said that in Uzbekistan, issues related to the comprehensive support and care of intellectuals have become one of the priority directions of our state's policy, and the result of this



has been expressed in the above-mentioned positive works.

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3. Decision PQ-2705 of the President of the Republic of Uzbekistan dated December 28, 2016 "On additional measures to further improve the system of state support for the elderly and disabled";
4. Decree of the President of the Republic of Uzbekistan dated February 18, 2020 No. PF-5938 "On measures to improve the socio-spiritual environment in society, further support the neighborhood institution and bring the system of work with family and women to a new level";
5. Decree of the President of the Republic of Uzbekistan dated March 1, 2022 No. PF-81 "On measures to improve the system of working with family and women, supporting the neighborhood and religious people";
6. Decision No. 167 of the President of the Republic of Uzbekistan on March 15, 2022, "On additional measures to provide comprehensive support to the Nurani and increase their standard of living";
7. Decision No. 816 of the Cabinet of Ministers of the Republic of Uzbekistan dated September 27, 2019 "On measures to further increase the role and social activity of the representatives of the older generation in society";
8. Resolution No. 340 of the Cabinet of Ministers of the Republic of Uzbekistan dated May 28, 2020 "On additional measures to further improve the system of state support for the elderly".
9. Decree of the President of the Republic of Uzbekistan dated December 7, 2018 No. PF-5590 "On comprehensive measures to fundamentally improve the healthcare system of the Republic of Uzbekistan".
10. Decree of the President of the Republic of Uzbekistan on October 30, 2020 "On measures for the wide implementation of a healthy lifestyle and further development of mass sports".