

Methods of Education in Pedagogy and The Peculiarities of Students' Understanding of National Values

 Erjanova Venera Quwanishbaevna

High teacher of Pedagogy and Psychology Department, Karakalpak State University, Uzbekistan

Received: 31 December 2025 Accepted: 23 January 2026 Published: 28 February 2026

ABSTRACT

This article posits that if educational methods are not pedagogically linked to modern life, they risk creating a spiritual void in the student's consciousness. As discussed above, components based on these educational methods encompass interactive, reflective, and pedagogically oriented activities. In modern pedagogy, combining traditional and innovative methods yields effective results. Furthermore, analytical components based on pedagogical outcomes elevate an individual's spiritual qualities, social engagement, and level of national self-awareness. The results of theoretical generalization indicate that the process of understanding national values has a cooperatively developmental character, fostered through continuous activity and reliable communication between the educator and the student. Another crucial factor is the formation of students' internal motivation within the educational process. This internal motivation, in turn, can be cultivated on the basis of respect, trust, and a positive environment. To increase the effectiveness of educational methods in the learning process, it is essential to apply them based on contextual pedagogical approaches.

Keywords: Pedagogical research, teaching methods, upbringing methods, psychological research, pedagogical skill, national traditions, upbringing, spiritual consciousness.

INTRODUCTION

Today, the application of educational methods in pedagogy is a fundamental pedagogical factor of education. The sustainable development of our society depends on its spiritual foundation, national values, and the continuity of spiritual heritage between generations. Currently, one of the priority areas of pedagogical theory and practice is the development of methods based on the effective organization of students' understanding of national values within the higher education system. In an era where the consciousness of young people is influenced by various cultural currents, ideological structures, and information attacks within the modern educational environment, it is crucial to use educational methods to foster national identity, explain the essence of historical memory to youth, and organize activities aimed at understanding national values. The concept of educational methods in pedagogy

refers to the techniques of influence aimed at shaping the spiritual and moral qualities of students, applied with a clear purpose, pedagogical skill, and psychological insight by the educator. By incorporating educational methods into the learning process, teachers help shape students' worldviews, social engagement, and national identity. In modern educational processes, educational methods are not merely a mechanism of educational influence; they yield effective results when connected to a student's worldview, interests, and system of national values. The process of students understanding national values is not limited to the simple stage of acquiring knowledge. Through pedagogical methods, the educational process encompasses stages such as the conscious reception of knowledge, emotional perception, practical analysis, and drawing conclusions. In pedagogy, educational methods are typically divided into three main groups: methods for

shaping consciousness through education, methods for organizing pedagogical activities and forming social experiences, and methods of encouragement and evaluation. In the educational process, methods for shaping consciousness manifest in forms such as discussions, lectures, explanations, and demonstrations. These pedagogical methods serve to increase students' knowledge of our national history, customs, traditions, and cultural heritage. However, in modern education, limiting instruction to theoretical explanations alone does not ensure the effectiveness of upbringing. For our national values to become firmly established in the minds of students, they must be linked to practical pedagogical activities. Applying educational methods through the organization of pedagogical activities involves processes such as ensuring student participation in events related to national culture, enabling students to engage in academic research based on their interests, involving them in theatrical performances to shape their psychological state, engaging them in various folklore festivals during their free time, and organizing excursions to historical monuments. Through such educational methods, we can broaden students' worldviews by shaping their understanding of national values. In pedagogy, a deep understanding of national values is fundamentally conditioned by the individual's emotional experience. Psychologically, the process of students' awareness of national values can occur in several stages. For instance, during the information acquisition stage, the student gains knowledge about historical facts, national traditions, and our cultural heritage. The collaboration between the family, educational institutions, and the social environment is of great importance in the process of students' understanding of national values. In modern pedagogy, interactive methods are proving highly effective in fostering students' understanding of national values. The use of methods such as discussions, debates, role-playing, and the analysis of problem-based situations develops students' independent thinking. In such educational processes, students do not simply accept ready-made conclusions; instead, they research, analyze, and draw their own conclusions. The matter of understanding national values through educational methods should not be confined to knowledge of historical heritage alone, but must be interpreted in harmony with the essence of modern life. In pedagogical processes, research based on student-centered approaches is of particular importance. It is crucial for each student to acquire new knowledge based on their individual abilities, to cultivate a greater interest in their field, and to continuously develop their worldview. It

is also advisable for upbringing methods within the educational process to be flexible. Encouraging students to consciously embrace national values yields more effective results than forcibly instilling them. It has been confirmed that in the field of pedagogy, methods of upbringing are an important tool in the process of students understanding national values. By utilizing methods of upbringing alongside educational methods in the learning process, we can ensure that students receive a quality education and enhance their spiritual and intellectual outlook. To date, numerous scientific and technical initiatives are being implemented for the effective introduction of teaching methods. This is achieved through the creation of innovative methodological materials, lesson plans, and educational aids related to modern curricula, as well as their analysis from a contemporary pedagogical perspective. Such research plays a significant role in the education and spiritual growth of students, and in their development as well-rounded individuals. By applying modern curricula, innovative methods, and approaches based on international pedagogical experience, we can further increase students' interest in academic subjects. We should look to the education systems of developed countries, where innovative methods based on new technologies, educational platforms based on artificial intelligence, and, in general, 80-90% of educational processes are founded on pedagogical teaching technologies. This instructional approach helps students acquire in-depth knowledge. Based on technological indicators, explaining digital educational technologies and pedagogical teaching methods in a technological context helps students retain information more quickly. In pedagogy, methods of upbringing and students' understanding of national values serve to ensure effectiveness in the educational process and to broaden students' spiritual worldview. The results of this pedagogical research have shown that today, the application of educational methods based on student interests requires a high level of pedagogical skill from teachers. A teacher must simultaneously impart knowledge, contribute to students' spiritual growth, and ensure that they deeply understand our national values. To achieve this, it is advisable for the teacher to improve the quality of education by applying new methods in the educational process. Enhancing educational effectiveness depends, first and foremost, on the teacher's skill and psychological aptitude. The study discusses analyses based on fundamental information about the importance of modern methods in education and the role of upbringing methods in the spiritual development of youth. Such

pedagogical research, in addition to improving a teacher's skills, also contributes to their professional development. Currently, great attention is being paid to the field of education. The main goal of every teacher is to shape the spirituality of students and help them acquire new knowledge, raising them as well-rounded individuals who are adapted to their social environment. Of course, we must look to our history, where the opportunities for schools and educational processes were limited. But today, great opportunities have been created for our youth to receive an education and upbringing. It is advisable to apply modern pedagogical methods by enhancing the professional skills of teachers and developing their knowledge and experience-based competencies. The issue of assessing the effectiveness of understanding national values is of great importance in the field of education. In higher educational institutions, the process of understanding national values should not be limited to practical exercises. The experience of folk pedagogy is also an important source for the characteristics of students' understanding of national values. Proverbs, legends, fairy tales, and rituals hold educational significance, embodying spiritual norms that have been tested over centuries. The effectiveness of a pedagogical model in modern educational processes depends on several factors. Examples include the teacher's professional competence, the spiritual atmosphere of the educational institution, the level of social cooperation, and methods that increase a student's internal motivation. If these factors are harmonized within the educational process, the process of understanding national values will yield effective results. In general, there is an inextricable link between the methods of upbringing and the understanding of national values in the educational process. Integrating pedagogical theory with practice helps ensure the effectiveness of the educational process. Therefore, we can utilize empirical research methods when studying the process of understanding national values. The results of empirical research indicate that an educational process based solely on lectures and explanations does not produce lasting changes in students' consciousness. In contrast, interactive and activity-oriented pedagogical methods yield superior results. During experimental work, students' reflective writings require special attention. Through essays and diary entries, students can freely express their thoughts. These writings are significant for identifying a person's internal changes. The results of the analysis show that reflection is recognized as an effective tool for elevating national values to the level of personal conviction. When developing methodological recommendations for a subject, a teacher must adhere to

several important principles. Future teachers must possess a deep knowledge of national culture, history, and spiritual heritage. This is because a pedagogue's spiritual worldview and cultural level are considered the primary determinants of the quality of the educational process. Depending on the educational context, social cooperation is of great importance in the process of understanding national values. Educational activities conducted in collaboration with the family, mahalla (local community), public organizations, and the media serve to increase effectiveness. Students must be able to analyze various cultural trends and ideological influences and critically evaluate information that contradicts national interests. Based on the results of pedagogical analyses and practical experience, we can conclude that the process of understanding national values is a long-term one. At the same time, each era has its own unique socio-cultural conditions. Therefore, it is advisable to update educational methods in accordance with the demands of the time. In general, empirical analysis and experimental work demonstrate the effectiveness of the pedagogical model. Interactive, reflective, and activity-oriented methods in educational processes significantly increase students' level of understanding of national values. This, in turn, strengthens students' spiritual maturity, civic responsibility, and social engagement. The results of a systematic analysis of educational methods in pedagogy and the process of students' understanding of national values show that it is inextricably linked with student psychology, its impact on the socio-psychological environment, the content of education, and the professional mastery of the pedagogue. For this reason, clarity of purpose is of particular importance in fostering an understanding of national values. The goal should be to cultivate in students a sense of national identity, respect for cultural heritage, and a spiritual worldview. In addition to pedagogical skill, teachers are also required to have psychological competence. After studying the opinions of many students, we concluded that boring lectures and uninteresting practical sessions diminish students' interest in the subject. Therefore, the application of methods based on education and upbringing requires the organization of modern pedagogical techniques. An important factor is also the study of issues related to understanding national values in modern educational processes based on an integrated approach. This ensures an interconnection between practical research on enhancing students' spiritual thinking and the disciplines of history, literature, philosophy, cultural studies, and pedagogy. We can observe that when the knowledge provided within the framework of various disciplines is harmonized based on a

single spiritual concept, students gain a deeper understanding of the content of national values. These pedagogical and social approaches broaden students' worldviews and help them perceive knowledge in a comprehensive manner. Pedagogical observations show that the level of students' understanding of national values is directly related to their social activity. Furthermore, factors of the educational environment are of particular importance in the process of understanding national values. It is understood that the cultural environment of an educational institution and its system of spiritual values have a significant influence on the worldview of students.

CONCLUSION

In conclusion, we can say that educational methods in pedagogy play a decisive role in the process of students' awareness of national values. When using scientifically based, pedagogical, and innovative methods, students develop a strong spiritual worldview, national self-awareness, and social responsibility. Along with the application of modern educational methods in the educational process, improving the spiritual development of students, teaching them to preserve our national values, and using methods that demonstrate their life concepts yields good results. By developing pedagogical mechanisms for organizing teaching methods based on students' interests, we can further increase students' interest mainly through questions and answers related to the subject, providing information, and organizing competitions with student groups. Increasing the spiritual thinking of students plays an important role in increasing their interest in learning. It is necessary to explain to students the need for self-awareness, based on national values, and the rational use of the created opportunities and conditions.

REFERENCES

1. Nosko, Mykola, et al. "The influence of the teacher's social and pedagogical activities on the health-promoting competence of youth." *International Journal of Applied Exercise Physiology* 9 (9) (2020): 18-28.
2. Vescio, Vicki, Dorene Ross, and Alyson Adams. "A review of research on the impact of professional learning communities on teaching practice and student learning." *Teaching and teacher education* 24.1 (2008): 80-91.

3. Greenhow, Christine, Beth Robelia, and Joan E. Hughes. "Learning, teaching, and scholarship in a digital age: Web 2.0 and classroom research: What path should we take now?." *Educational researcher* 38.4 (2009): 246-259.
4. Chernenko, Olexander. "Modern pedagogical technologies in higher education." *Pedagogy and Education Management Review* 2 (2020): 52-59.
5. Підлипська, Аліна. "The influence of choreographic art on the formation of national and cultural values among students." *Laplage em Revista* (2021).
6. Lappo, Violetta. "Methods and Technology of Diagnosis of Personal Spiritual Values of University Students." *Journal of Vasyl Stefanyk Precarpathian National University* 9.1 (2022): 69-81.
7. Fernandez, Carmen. "KNOWLEDGE BASE FOR TEACHING AND PEDAGOGICAL CONTENT KNOWLEDGE (PCK): SOME USEFUL MODELS AND IMPLICATIONS FOR TEACHERS' TRAINING." *Problems of Education in the 21st Century* 60.1 (2014): 79-100.